COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH

CULTURAL COMPETENCY COMMITTEE MEETING MINUTES

Date: November 10, 2016

Present: Alicia Bardales, Latino Coalition; Andy Vigil, Drew Child Development; Araceli Gomez; Aurenda Jong, DMH/Women’s Reintegration; Bernice Mascher, CCC Co-Chair; Betty Dandino, LACCC/Chair; Blanca Esthela; Carlos Valdez, Latino Coalition; Christine De La Cruz, PSB-QID; Cindy Rojas, Latino Coalition; Guadalupe Yepiz, Latino Coalition; Haydee Guevara, Latino Coalition; Isela Gonzalez; Karen Macedonio, SAAC 5 Co-Chair; Kevin Monzon, Latino Coalition; Leticia Ximenez, DMH/Community & Government Relations Division/CCC Co-Chair; Lolita Namocatcat, APCTC; Luis Ramirez, The Children’s Center of Antelope Valley; Maritza Lebron, DMH/OMD; Merilyn Rosado, DMH/OMD; Pam Inaba, LAC Client Coalition; Perla Valdez, Latino Coalition; Rafaela Diaz, Hillsides; Ranie Riley, DMH/SA 3 Admin; Robert A. Valdez, Latino Coalition; Roxana Linares, PSB-QID; Sandra Chang Ptasinski, PSB-QID ESM; Sandra Clayton, DMH/Edelman/LA City College; Sawako Nitao, Asian Coalition; Sharon Lyle, AAA UREP Co-Chair; Sunnie Whipple, AI/AN Community Member; Sydney Woods, DMH/OASOC; Veronica Ramirez, DMH/Volunteer; Zefrella Burnell; Zoila Ilbay; Latino Coalition.

Participants via Webex: Ace Alameda, MHS Oversite Coalition; Dennis Murata, DMH Deputy Director; Jane Cannon, KYCC; Ruth Tiscareno, Mark Lithgover, Bayfront; Wendy Cabil, DMH/SA 1.

<table>
<thead>
<tr>
<th>Agenda Items</th>
<th>Comments/Discussion/Recommendations/Conclusions</th>
<th>Action Item</th>
<th>Person(s) Responsible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome &amp; Introductions</td>
<td>Attendee introductions</td>
<td></td>
<td>CCC membership</td>
</tr>
<tr>
<td>Review of Minutes</td>
<td>October minutes reviewed and approved.</td>
<td></td>
<td>Co-Chairs</td>
</tr>
<tr>
<td>MHSOAC</td>
<td>Update not available.</td>
<td></td>
<td>Ruth Tiscareno</td>
</tr>
</tbody>
</table>
| Ethnic Services Manager (ESM) Update | CCC Bi-laws Establishment  
The ESM, Sandra Chang Ptasinski, provided a handout on the Rules and Agreements adopted by all UsCC Subcommittees. She led the Committee in reviewing this handout for purposes of establishing the CCC’s bi-laws. |               | Sandra Chang Ptasinski, ESM |
The CCC agreed to adopt the following bi-laws, which will enter into effect for the Annual Retreat scheduled for December 14, 2016:

A. Principals
   • Actively engage consumers and their family members;
   • Hold meetings open to the community
   • Establish a balanced membership that represents key stakeholder categories, including but not limited to:
     • Consumer
     • Family Member and/or Caregiver
     • DMH Staff
     • DMH Contract Agency Staff
     • Community Members/Cultural Brokers
     • Non-Mental Health Community-Based Organizations which includes faith-based organizations
     • Age groups (children, TAY, adult, older adult, and inter-generational)

B. Voting privileges
   • CCC members must attend a minimum of 50% of the twelve meetings per year
   • Commitment of member participation in meetings for one year
   • Participation in the decision-making process for the Committee

C. Co-Chairs
   • One Community Member
   • One DMH Staff Member
   • Roles of the Co-chairs
     • Co-chairs serve one-year term with the possibility of re-election
     • Coordination and accountability of CCC collaboration with the PSB - CCU to set agenda’s and plan the direction of the Committee
     • Elected Co-chairs commit to attending and facilitating all CCC meetings on a monthly basis. In the event that both Co-chairs are unable to attend due to unavoidable circumstances need to

   • The PSB-CCU will review the CCC meeting rosters to identify members who have voting privileges
inform the ESM immediately
  o At least one Co-chair must be present at all CCC meetings and CCC Leadership meetings
  o Represent the CCC at the SLT monthly meetings to provide feedback from members on ways to provide culturally appropriate services for consumers
  o Co-chair re-election may be conducted by the CCC in the event that the individual is: (a) not able to meet the duties of his/her post; (b) the individual would like to leave the group; and/or (c) the individual is no longer linked to the CCC
  o Re-election of a Co-chair will require a 51% majority vote by membership

D. CCC – CCU Liaisons:
   • The CCU staff serves as CCC liaisons
   • The main role of the Liaisons is to provide administrative support for CCC meetings, inclusive of:
     o Collaboration with Co-chairs in planning meetings and setting the meeting agendas
     o Coordination of the logistics of language interpretation services for CCC meetings
     o Prepare/provide background documents and meeting minutes for review by the membership
     o Participate in assigned workgroups to provide technical assistance and support

CCC Annual Retreat
The CCC will be hosting its Annual Retreat on December 14, 2016 during the CCC meeting.
  • Co-chair elections:
    o Nominations for Co-chairs for CY 2017
    o Members can self-nominate or nominate others by emailing the ESM at SChang@dmh.lacounty.gov by November 23, 2016
## COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH

### CULTURAL COMPETENCY COMMITTEE MEETING MINUTES

<table>
<thead>
<tr>
<th>Agenda Items:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>All workgroups will present their goals, activities, and accomplishments for CY 2016</td>
<td></td>
</tr>
<tr>
<td>Present nominees for Co-chair positions</td>
<td></td>
</tr>
<tr>
<td>Brainstorm on 2017 workgroup ideas</td>
<td></td>
</tr>
</tbody>
</table>

**System Leadership Team (SLT)**

The SLT meetings are held every third Wednesday of the month from 9:30 am to 12:30 pm at St. Anne’s and are open to the public.

The representatives for Cultural Competency are the CCC Co-chairs: Leticia Ximenez and Bernice Mascher. Input may be given to the Co-chairs to take back to the SLT.

- **SLT Topics covered on 10/19/16:**
  - Dr. Robin Kay informed the SLT that the new Director, Dr. Jonathan Sherin, started his position with the Department of Mental Health on November 1st. The next meeting will meet for an extended period of time to introduce Dr. Sherin and lunch will be provided
  - MHSA CSS and PEI workgroups will provide updates at the next meeting

<table>
<thead>
<tr>
<th></th>
<th>Leticia Ximenez, Co-Chair</th>
</tr>
</thead>
<tbody>
<tr>
<td>System Leadership Team (SLT)</td>
<td></td>
</tr>
</tbody>
</table>

---

**Page 4 of 8**
Cultural Competency Research Workgroup:
Bernice Mascher provided a presentation on the latest Cultural Competence Research Workgroup activities.

- The main goal of the workgroup was to take a look at the terms of “cultural competency” and find the latest research that has been conducted on it during the past five years.
- Research suggests the following terms and definitions have been interchangeably used, or used in combination with cultural competency:
  - Related Terms:
    - Cultural IQ
    - Cultural awareness
    - Cultural competence
    - Cultural congruence
    - Cultural humility
    - Cultural intelligence
    - Cultural knowledge
    - Transculturalism
    - Cross-cultural competencies
    - Cultural pluralism
    - Cultural proficiency
    - Cultural safety
    - Cultural sensitivity
    - Cultural responsiveness
    - Intercultural effectiveness
    - Intercultural competency
    - Cultural diversity
    - Multiculturalism

- A handout was circulated which organizes the literature reviewed under four themes:
  1. Cultural Competencies: Analysis and Recent Research
  2. Cultural Humility Versus Cultural Competency
  3. Recent Articles
  4. Resources and tips for Effective Cross-Cultural Engagement
    - The Workgroup has met their first goal, which are sections I and II on the handout.
    - Goal 2 will cover section III (References and tips for effective Cross-Cultural Engagement), which is not yet completed.
    - Sandra Chang Ptasinski, ESM, engaged the CCC in a discussion on how to the CCC may utilize the Workgroup’s literature review findings and handout.

- Bernice Mascher will send the links to the CCC.
## Family Preservation Presentation

A presentation was provided to the CCC by the Clinical Director of the Children's Center of the Antelope Valley.

- The Children's Center offers comprehensive services for the prevention, intervention and treatment of child abuse and neglect via individual, group and family therapy
- Treatment modalities include:
  - TF-CBT (Trauma Focused Cognitive Behavior Therapy)
  - MAP (Managing and Adaptive Practices)
  - Seeking Safety
  - PCIT (Parent Child Interactive Therapy)
  - FCCS (Field Capable Clinical Services)
  - ICBT (Individual Cognitive Behavioral Therapy)

---

**CCC feedback:**

- Use this handout information on the new cultural awareness presentation that the Outreach & Presentation Workgroup is working on
- This information should be highlighted within the Department and Health Agency.
- Cultural Competency should be marked as a “day” in the calendar.
- Members suggested highlighting awareness of various cultural groups and communities monthly
- Utilize the handout to resume writing cultural competency-related articles on DMH’s e-news
- Bring the eCPR training to the CCC membership during a future CCC meeting
- Dennis Murata, PSB Deputy Director, suggested contacting the PSB-WET Division to find out if the eCPR training is available for staff and community members
The majority of referrals are received from the Los Angeles County Department of Mental Health, Department of Children and Family Services, Antelope Valley Hospital Medical Center, Law Enforcement and the community.

The Family Preservation Department serves at risk families whose children are either close to being detained or for family re-unification.

Barriers to Family Preservation Services:
- There must be an open DCFS case
- Families are often isolated and unaware of the services
- Limited Outreach and Engagement promoting Family Preservation Services to families

**CCC feedback:**
Provide more outreach and engagement and psycho-education for families

**“Skid Row Sneaker Tour” Presentation**
A presentation was provided by Mental Health Commissioner Sharon Lyle.
- The presenter asked the CCC to participate in meetings held to better the skid row situation and to participate in the Skid Row Sneaker Tour.
- Two tours to skid row have taken place
  - Nine commissioners participated in the first tour
  - Two commissioners participated on the second tour

**Next meeting**
- Wednesday, December 14, 2016, 12:30 pm to 3:30 pm at 550 S. Vermont Ave, 10th floor conference room, Los Angeles, CA 90020

Leticia Ximenez will send the Family Engagement Parameters to the CCC

Respectfully Submitted,

*Sandra Chang Ptasinski, Ph.D.*
LACDMH
Program Support Bureau